

PECO Cross Country League 2023-24: Race 3 (West Park / Beckett Park)

Senior Ladies Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	5885	Kemshall	Sarah	St Therasas AC	FSEN	29:31	1	
2	6162	Penty	Becky	York Postal Harriers	F35	29:47	1	Y
3	5040	Knowles	Charlotte	Abbey Runners	FSEN	29:56	2	
4	5876	Grant	Jane	St Therasas AC	FSEN	30:16	3	
5	5989	Whalley	Rebecca	Valley Striders AC	FSEN	30:25	4	
6	5609	Mcleman	Louise	Nidd Valley Road Runners	FSEN	30:36	5	
7	6143	Bridges	Gemma	Vale of York Athletic Community	FSEN	30:47	6	Y
8	6363	Hoar	Jessica	Vale of York Athletic Community	FSEN	31:02	7	Y
9	5782	Lewis	Susan	Roundhay Runners	F45	31:15	1	
10	6338	Cooke	Popp	Ackworth Road Runners	FSEN	31:29	8	
11	5779	Kaars Sijpesteijn	Katie	Roundhay Runners	F35	31:31	2	
12	5253	Ellis	Davina	Harrogate Harriers & AC	F40	31:38	1	
13	6284	Sinclair	Ruth	Nidd Valley Road Runners	FSEN	32:04	9	Y
14	5932	Baynes	Georgia	Valley Striders AC	FSEN	32:12	10	
15	6016	Mason	Annabel	Wharfedale Harriers	FSEN	32:30	11	
16	5777	Jackson	Niamh	Roundhay Runners	F40	32:31	2	Y
17	6314	Legg	Emily	Wetherby Runners AC	FSEN	32:32	12	
18	5973	Shanks	Sarah	Valley Striders AC	F40	32:35	3	
19	5023	Fox	Hannah	Abbey Runners	FSEN	32:36	13	
20	5947	Harris	Samantha	Valley Striders AC	F40	32:37	4	
21	5016	Clark	Faye	Abbey Runners	F35	32:41	3	
22	5450	Taswell-Fryer	Eliza	Hyde Park Harriers	FSEN	32:44	14	
23	5062	Rowe-Patel	Jenny	Abbey Runners	FSEN	32:48	15	
24	5285	Fielden	Rhianna	Horsforth Fellandale	FSEN	33:06	16	
25	5041	Kondo	Masako	Abbey Runners	F45	33:10	2	
26	5452	Tecwyn	Sam	Hyde Park Harriers	FSEN	33:11	17	
27	5988	Wearing	Hope	Valley Striders AC	FSEN	33:15	18	
28	6362	Warren	Eleanor	St Therasas AC	FSEN	33:19	19	
29	6294	Howard	Claire	Roundhay Runners	F50	33:26	1	
30	5490	Bannister	Sarah	Kippax & District Harriers	FSEN	33:35	20	Y
31	5798	Say	Julia	Roundhay Runners	F50	33:37	2	
32	6237	Williams	Louise	Abbey Runners	F45	33:41	3	
33	5978	Spencer	Amanda	Valley Striders AC	F50	33:55	3	
34	5018	Cobo	Andrea	Abbey Runners	FSEN	34:14	21	
35	6255	Falkingham	Elen	Chapel Allerton Runners	FSEN	34:20	22	
36	6279	Lowery	Sima	Knaresborough Striders	F45	34:21	4	
37	5132	Cartwright	Poppy	Airecentre Pacers	FSEN	34:24	23	
38	6304	Watson	Lesley	Saltaire Striders	F50	34:27	4	Y
39	6365	Lubiecki	Sophia	Valley Striders AC	FSEN	34:35	24	
40	6329	Fairhall	Sarah	Abbey Runners	FSEN	34:38	25	
41	5374	Draisey	Ruth	Hyde Park Harriers	F35	34:48	4	
42	5402	Jobson-Wood	Lucy	Hyde Park Harriers	FSEN	34:50	26	
43	6084	Peake	Brenda	Airecentre Pacers	F50	34:54	5	
44	5705	Best	Katie	Rothwell Harriers & AC	FSEN	34:56	27	
45	6330	Keys	Anna	Abbey Runners	F40	35:04	5	Y
46	6357	Cram	Josie	Saltaire Striders	FSEN	35:04	28	

47	5057	Richards	Alex	Abbey Runners	FSEN	35:06	29	
48	5631	Sheppard	Amy	Nidd Valley Road Runners	F40	35:07	6	
49	5415	Mckerrell	Lucy	Hyde Park Harriers	FSEN	35:08	30	
50	5999	Drewe	Liz	Wetherby Runners AC	F40	35:14	7	
51	5783	Lilley	Alice	Roundhay Runners	FSEN	35:16	31	
52	5498	Follows	Emily	Kippax & District Harriers	F45	35:22	5	
53	5734	Recchia	Lucy	Rothwell Harriers & AC	FSEN	35:31	32	
54	5702	Allard	Lili	Rothwell Harriers & AC	F35	35:35	5	
55	5389	Gates	Cara	Hyde Park Harriers	F35	35:42	6	
56	6125	Iles	Catherine	Roundhay Runners	FSEN	35:55	33	
57	5459	Wales	Daisy	Hyde Park Harriers	FSEN	35:56	34	
58	5641	Walter	Kirsty	Nidd Valley Road Runners	FSEN	36:03	35	
59	5327	O'sullivan	Sarah Jane	Horsforth Harriers	F45	36:06	6	Y
60	5457	Underwood	Sarah	Hyde Park Harriers	F35	36:14	7	
61	5054	Phillips	Laura	Abbey Runners	FSEN	36:14	36	
62	5258	Gill	Sarah	Harrogate Harriers & AC	F60	36:25	1	
63	5541	Sheehan	Therese	Kirkstall Harriers	F35	36:36	8	
64	5263	Oldroyd	Lucy	Harrogate Harriers & AC	FSEN	36:36	37	
65	6023	Bell	Chessie	York Postal Harriers	FSEN	36:39	38	
66	6274	Costello	Rosina	Kirkstall Harriers	FSEN	36:39	39	
67	5985	Trevorrow	Philippa	Valley Striders AC	F45	36:43	7	
68	5140	Lund	Sarah	Airecentre Pacers	F45	36:45	8	
69	5539	Robertson	Susie	Kirkstall Harriers	FSEN	36:48	40	
70	6259	Taylor	Lizzie	Harrogate Harriers & AC	FSEN	36:55	41	
71	5921	Henderson	Nicola	Vale of York Athletic Community	F40	36:58	8	
72	6043	Hodson	Natalie	York Postal Harriers	F35	37:01	9	
73	5552	Carter	Nicola	Knaresborough Striders	F50	37:05	6	
74	6226	Wix	Emily	Rothwell Harriers & AC	FSEN	37:07	42	
75	5399	Houghton	Vicky	Hyde Park Harriers	F40	37:12	9	
76	5930	Adams	Liz	Valley Striders AC	F45	37:15	9	
77	5751	Blakeley	Alyson	Roundhay Runners	F45	37:32	10	
78	6046	Johnson	Amy	York Postal Harriers	F40	37:33	10	
79	5894	Normanhenney	Hazel	St Therasas AC	FSEN	37:34	43	
80	5297	Shepherd	Tanya	Horsforth Fellandale	F35	37:37	10	
81	5229	Simpson	Emily	Chapel Allerton Runners	F40	37:39	11	
82	5414	Martinson	Emily	Hyde Park Harriers	FSEN	37:39	44	Y
83	5278	Sykes	Joanne	Harrogate Tri Club	F35	37:45	11	
84	5964	Reid	Carol	Valley Striders AC	F40	37:49	12	
85	5093	Gaines	Tammy	Ackworth Road Runners	F40	37:53	13	
86	6081	Illman	Helen	Airecentre Pacers	F35	37:58	12	
87	6243	Vamplew	Lucy	Ackworth Road Runners	F40	38:01	14	
88	6297	Walton	Asha	Roundhay Runners	F35	38:10	13	
89	5147	Williams	Gina	Airecentre Pacers	F45	38:17	11	
90	5519	Denholm	Katrina	Kirkstall Harriers	FSEN	38:20	45	
91	5997	Davey	Jo	Wetherby Runners AC	F50	38:21	7	
92	5316	Fox	Judith	Horsforth Harriers	F55	38:25	1	
93	5166	Barnes	Philippa	Chapel Allerton Runners	F40	38:27	15	
94	5294	O'brien	Louise	Horsforth Fellandale	F50	38:30	8	
95	6374	Francis	Laura	Nidd Valley Road Runners	FSEN	38:30	46	
96	5791	Page	Kerrie-Anne	Roundhay Runners	FSEN	38:32	47	

97	5516	Champion	Hannah	Kirkstall Harriers	FSEN	38:39	48	
98	5288	Glover	Sarah	Horsforth Fellandale	F45	38:44	12	
99	6011	Dennis	Sarah	Wharfedale Harriers	F40	38:52	16	
100	5114	Smith	Charlotte	Ackworth Road Runners	F35	38:53	14	
101	5738	Sims	Harriet	Rothwell Harriers & AC	FSEN	38:55	49	
102	5526	Kearns	Rachael	Kirkstall Harriers	F35	38:56	15	Y
103	5580	Barber	Catherine	Nidd Valley Road Runners	FSEN	38:57	50	
104	5634	Staiano	Sarah	Nidd Valley Road Runners	F45	38:58	13	
105	6196	Preston	Anne	Saltaire Striders	F45	39:01	14	
106	5759	Chivers	Ann	Roundhay Runners	F40	39:02	17	
107	5891	Morley	Sarah	St Therasas AC	F45	39:08	15	
108	5145	Waite	Helen	Airecentre Pacers	F40	39:13	18	
109	5262	Moul	Sue	Harrogate Harriers & AC	F55	39:14	2	
110	5386	Foster	Megan	Hyde Park Harriers	FSEN	39:17	51	
111	5017	Clark Miller	Sally	Abbey Runners	F45	39:21	16	
112	6053	Sleight	Harriet	York Postal Harriers	FSEN	39:23	52	
113	5980	Sunderland	Sue	Valley Striders AC	F60	39:26	2	
114	5180	Faulkner	Claire	Chapel Allerton Runners	FSEN	39:27	53	
115	5369	Del Rio Robles	Laura	Hyde Park Harriers	FSEN	39:30	54	
116	5381	Evans	Clare	Hyde Park Harriers	FSEN	39:34	55	
117	5445	Stonehouse	Anna	Hyde Park Harriers	FSEN	39:35	56	
118	5494	Costello	Suzanne	Kippax & District Harriers	F40	39:38	19	
119	5130	Alcock	Helen	Airecentre Pacers	F40	39:40	20	
120	5187	Goult	Rebecca	Chapel Allerton Runners	FSEN	39:46	57	
121	6246	Gatenby	Francesca	Airecentre Pacers	F40	39:52	21	
122	5182	Forster	Lora	Chapel Allerton Runners	F40	39:54	22	
123	6347	Lacey	Indi	Hyde Park Harriers	FSEN	39:55	58	
124	5745	Wilson	Patricia	Rothwell Harriers & AC	F45	39:59	17	
125	5560	Gummer	Sarah	Knaresborough Striders	F35	40:05	16	
126	5785	Lund	Judith	Roundhay Runners	F45	40:09	18	
127	5067	Sheer	Julia	Abbey Runners	F45	40:14	19	
128	5323	Lawrence	Becky	Horsforth Harriers	F45	40:24	20	
129	5441	Siswick	Fleur	Hyde Park Harriers	FSEN	40:29	59	
130	6336	Taylor-Cross	Katie	Abbey Runners	F35	40:30	17	
131	5774	Hewson	Abbey	Roundhay Runners	FSEN	40:34	60	
132	5291	Howroyd	Alissa	Horsforth Fellandale	F45	40:36	21	
133	5144	Thomson	Eleanor	Airecentre Pacers	F45	40:39	22	
134	5204	Knowles	Tessa	Chapel Allerton Runners	FSEN	40:45	61	
135	5462	Wilson	Chloe	Hyde Park Harriers	FSEN	40:50	62	
136	5060	Roden	Helen	Abbey Runners	F50	41:04	9	
137	6158	Warner	Emma	Wetherby Runners AC	F45	41:06	23	
138	6350	Williams	Ellie	Hyde Park Harriers	FSEN	41:08	63	
139	6032	Cox	Emily	York Postal Harriers	FSEN	41:08	64	
140	6239	George	Sandy	Ackworth Road Runners	F55	41:09	3	
141	5055	Rafferty	Helen	Abbey Runners	F45	41:23	24	
142	6335	Cameron	Becky	Vale of York Athletic Community	FSEN	41:30	65	
143	5005	Ashworth	Becky	Abbey Runners	FSEN	41:44	66	
144	5320	Hurst	Beverly	Horsforth Harriers	F55	41:44	4	
145	5329	Payling	Sophie	Horsforth Harriers	F35	41:47	18	
146	5190	Grencis	Hannah	Chapel Allerton Runners	FSEN	41:50	67	

147	6388	Hurn	Lucy	York Triathlon Club	F45	41:58	25	
148	5887	Longfellow	Emma	St Therasas AC	F40	42:00	23	
149	5317	Freeman	Janette	Horsforth Harriers	F55	42:04	5	
150	5087	Cooke	Rachel	Ackworth Road Runners	F55	42:04	6	
151	6366	Legg	Jennifer	Wetherby Runners AC	FSEN	42:08	68	
152	5793	Paliuc	Maria	Roundhay Runners	FSEN	42:15	69	
153	6230	Kitchen	Diane	Ilkley Harriers	F60	42:17	3	
154	5181	Flatley	Lucy	Chapel Allerton Runners	FSEN	42:18	70	
155	5645	Winnard	Diane	Nidd Valley Road Runners	F55	42:27	7	
156	5996	Clubbs	Christine	Wetherby Runners AC	F50	42:34	10	
157	5596	Gibson	Debbie	Nidd Valley Road Runners	F60	42:38	4	
158	5646	Woodhead	Katharine	Nidd Valley Road Runners	F35	42:48	19	
159	5324	Link	Rebecca	Horsforth Harriers	FSEN	42:49	71	
160	5975	Smedley	Rachel	Valley Striders AC	FSEN	42:52	72	
161	5385	Forwood	Nicola	Hyde Park Harriers	F40	42:56	24	
162	5839	Nash	Louise	Saltaire Striders	F50	42:57	11	
163	5570	Wilkinson	Paula	Knaresborough Striders	F55	43:02	8	
164	5129	Wrangles	Gail	Ackworth Road Runners	F50	43:12	12	
165	5393	Griffiths	Alys	Hyde Park Harriers	FSEN	43:15	73	
166	5083	Brown	Bev	Ackworth Road Runners	F45	43:15	26	
167	5131	Bromley	Sophie	Airecentre Pacers	F35	43:19	20	
168	5953	Keevash	Becca	Valley Striders AC	F40	43:20	25	
169	5280	Addison	Christine	Horsforth Fellandale	F55	43:25	9	
170	5198	Hinch	Nicola	Chapel Allerton Runners	F45	43:26	27	
171	5514	Boyles	Lucie	Kirkstall Harriers	F35	43:26	21	
172	5270	Taylor	Heather	Harrogate Harriers & AC	F60	43:27	5	
173	5741	Waite	Sarah	Rothwell Harriers & AC	F35	43:28	22	
174	5883	Johnson	Laura	St Therasas AC	F40	43:30	26	
175	5612	Mills	Karen	Nidd Valley Road Runners	F45	43:39	28	
176	6155	Johnson	Jo	Wetherby Runners AC	F50	43:51	13	
177	5995	Britton	Amanda	Wetherby Runners AC	F50	43:51	14	
178	5446	Stringer	Karly	Hyde Park Harriers	F35	43:54	23	
179	5518	Crossley	Jane	Kirkstall Harriers	F35	43:59	24	
180	5314	Fenton	Hazel	Horsforth Harriers	F40	44:02	27	
181	6038	Gold	Donna	York Postal Harriers	F55	44:05	10	
182	5343	Andrews	Frances	Hyde Park Harriers	F35	44:06	25	
183	5173	Cooper	Anna	Chapel Allerton Runners	F45	44:09	29	
184	5834	Love	Helen	Saltaire Striders	F65	44:19	1	
185	5273	Frankish	Helen	Harrogate Tri Club	F50	44:20	15	
186	5238	Briggs	Charlotte	Dragons Running Club (Leeds)	FSEN	44:31	74	
187	5789	Nurse	Helen	Roundhay Runners	F55	44:31	11	
188	6346	Gardham	Louise	Hyde Park Harriers	F50	44:34	16	
189	5801	Sunderland	Joanne	Roundhay Runners	F50	44:54	17	
190	5721	Harrison	Sue	Rothwell Harriers & AC	F65	44:59	2	
191	5126	Wigglesworth	Rose	Ackworth Road Runners	F45	45:06	30	Y
192	5104	Mccormack	Maya	Ackworth Road Runners	F40	45:25	28	
193	5215	Owen	Kath	Chapel Allerton Runners	F40	45:28	29	
194	6140	Vaughan	Ruth	St Therasas AC	F45	45:30	31	
195	5878	Hacker	Tanya	St Therasas AC	F45	45:40	32	
196	5464	Zhang	Muyang	Hyde Park Harriers	FSEN	45:50	75	

197	6368	Voss	Hannah	Wetherby Runners AC	FSEN	45:56	76	
198	6082	Keene	Cat	Airecentre Pacers	F35	45:59	26	
199	5531	McIarnon	Shevonne	Kirkstall Harriers	F50	46:01	18	
200	5846	Sue Sroka	Mrs	Saltaire Striders	F45	46:03	33	
201	5496	Edwards	Hannah	Kippax & District Harriers	F40	46:04	30	
202	5196	Higgins	Clare	Chapel Allerton Runners	FSEN	46:04	77	
203	5536	Oldfield	Alison	Kirkstall Harriers	F50	46:04	19	
204	5642	Wighton	Emily	Nidd Valley Road Runners	FSEN	46:10	78	
205	6192	Cooper	Harriet	Roundhay Runners	F35	46:12	27	
206	5440	Shipp	Ellie	Hyde Park Harriers	FSEN	46:18	79	
207	5965	Sabourn	Jillian	Valley Striders AC	F55	46:20	12	
208	5217	Parrini	Sally	Chapel Allerton Runners	F45	46:22	34	
209	5797	Rogers	Harriet	Roundhay Runners	F45	46:23	35	
210	6065	Leech	Katherine	York Triathlon Club	F40	46:32	31	
211	5726	Keadin-Brown	Patricia	Rothwell Harriers & AC	F45	46:33	36	
212	5951	Kara	Leila	Valley Striders AC	F55	46:38	13	
213	5858	Belford-Mcdowell	Lisa	St Therasas AC	F50	46:38	20	
214	5239	Burden	Hannah	Dragons Running Club (Leeds)	F35	46:44	28	
215	6059	Holmes	Emma	York Triathlon Club	F35	46:50	29	
216	6087	Austin	Holly	Chapel Allerton Runners	F35	47:09	30	
217	5722	Hartley	Janet	Rothwell Harriers & AC	F65	47:12	3	
218	5895	O'hara	Joanne	St Therasas AC	F55	47:24	14	
219	5346	Beddow	Helen	Hyde Park Harriers	FSEN	47:30	80	
220	5224	Ross	Heather	Chapel Allerton Runners	F45	47:32	37	
221	5122	Walker	Ruth	Ackworth Road Runners	F40	47:35	32	
222	5714	Elsdon	Joanne	Rothwell Harriers & AC	F45	47:38	38	
223	5704	Ballinger	Lauren	Rothwell Harriers & AC	F40	47:42	33	
224	5585	Capstick	Rachel	Nidd Valley Road Runners	F45	47:51	39	
225	5432	Rhodes	Jo	Hyde Park Harriers	FSEN	47:55	81	
226	5030	Hulme-Vickerstaff	Lisa	Abbey Runners	F55	48:07	15	
227	6337	Chatwin	Emily	Ackworth Road Runners	FSEN	48:11	82	
228	5200	Hutton	Rebecca	Chapel Allerton Runners	F50	48:31	21	
229	5534	Moran	Carol	Kirkstall Harriers	F60	48:32	6	
230	5509	Penrose	Kate	Kippax & District Harriers	F70	48:40	1	
231	5281	Addison	Dianne	Horsforth Fellandale	F60	48:46	7	
232	5903	Wilson	Adele	St Therasas AC	F45	48:57	40	
233	5940	Fotherby	Pascale	Valley Striders AC	F45	49:02	41	
234	5037	Kavanagh	Joan	Abbey Runners	F55	49:05	16	
235	5567	Skeer	Katrina	Knaresborough Striders	F60	49:09	8	
236	5138	Keighley	Carole	Airecentre Pacers	F60	49:11	9	
237	5387	Garratt	Laura	Hyde Park Harriers	F40	49:21	34	
238	5814	Bugg	Sheila	Saltaire Striders	F50	49:23	22	
239	5427	Prust	Jane	Hyde Park Harriers	F60	49:34	10	
240	5499	Fox	Iona	Kippax & District Harriers	F35	49:42	31	
241	6144	Bryars	Elizabeth	Vale of York Athletic Community	F35	49:48	32	
242	5623	Rhodes	Susy	Nidd Valley Road Runners	F40	49:53	35	
243	5290	Holliday	Meisha	Horsforth Fellandale	FSEN	50:08	83	
244	5510	Stanworth	Lucie	Kippax & District Harriers	FSEN	50:24	84	
245	5856	Backhouse	Sally	St Therasas AC	F50	50:31	23	
246	5869	Fletcher	Lynn	St Therasas AC	F70	50:41	2	

247	5889	Mcmorran	Lindsay	St Therasas AC	F35	50:58	33	
248	6234	Freer	Tessa	Abbey Runners	F40	51:08	36	
249	5032	Hutchison	Kirsten	Abbey Runners	F40	51:08	37	
250	5380	Eva	Charlotte	Hyde Park Harriers	F35	51:10	34	
251	5348	Blackwell	Rachael	Hyde Park Harriers	FSEN	51:10	85	
252	5711	Corlet	Dawn	Rothwell Harriers & AC	F55	51:25	17	
253	5416	Mcknight Hart	Jill	Hyde Park Harriers	FSEN	51:36	86	
254	5162	Allen	Elizabeth	Chapel Allerton Runners	F50	52:02	24	
255	5606	Lane	Joanne	Nidd Valley Road Runners	F50	52:11	25	
256	6134	Mistry	Urmila	Saltaire Striders	F60	52:24	11	
257	5633	Smith	Michelle	Nidd Valley Road Runners	F50	52:40	26	
258	5581	Bracher	Sarah	Nidd Valley Road Runners	F40	53:15	38	
259	5578	Ahmad	Liz	Nidd Valley Road Runners	F65	53:44	4	
260	5601	Hornsby	Jill	Nidd Valley Road Runners	F65	53:52	5	
261	5473	Lambert	Sarah	Ilkley Harriers	F35	53:56	35	
262	5900	Rowley	Sam	St Therasas AC	F50	54:09	27	
263	6049	Mitchell	Jackie	York Postal Harriers	F40	54:29	39	
264	5194	Hembra	Daniella	Chapel Allerton Runners	F45	54:56	42	
265	5796	Roberts	Rachel	Roundhay Runners	F35	55:10	36	
266	6067	Schofield	Emily	York Triathlon Club	FSEN	55:49	87	
267	5616	Morten	Sylvia	Nidd Valley Road Runners	F60	56:20	12	
268	5370	Donnelly	Chrissy	Hyde Park Harriers	F55	58:02	18	
269	5421	Neugebauer	Sharron	Hyde Park Harriers	F60	59:14	13	
270	5070	Smith	Judith	Abbey Runners	F70	1:00:51	3	
271	5708	Cartwright	Jo	Rothwell Harriers & AC	F65	1:01:28	6	
272	6056	Crossley	Hannah	York Triathlon Club	FSEN	1:06:03	88	
273	5723	Harvey-List	Anna	Rothwell Harriers & AC	F35	1:07:01	37	
274	6391	Hosie	Jo	Vale of York Athletic Community	F40	1:08:13	40	
275	5344	Bangerh	Jasbir	Hyde Park Harriers	F50	1:10:25	28	
276	6183	Griffiths	Kathryn	Hyde Park Harriers	FSEN	1:10:26	89	
277	5006	Ashworth	Kathryn	Abbey Runners	F45	1:10:35	43	